

Liverpool goalkeeper Simon Mignolet calls out Jamie Carragher to complete unusual ALS Challenge

But will the Liverpool legend accept?

Simon Mignolet has challenged Jamie Carragher to the latest ALS Challenge of eating a spicy pepper on camera!

Mignolet has an uncle who suffers with Motor Neurone Disease back in his Belgian homeland, and the Reds goalkeeper has worked hard on raising awareness for MND and amyotrophic lateral sclerosis over the past few years.

Mignolet, who is an ambassador for the ALS Liga charity, **helped raise over €100k** back in June last year at a charity auction in Belgium.

ALS gained huge awareness online around four years ago due to the 'ice bucket challenge', - something which Mignolet also took part in - but the Belgium international has now challenged **Carragher** to eat the hot pepper after undertaking the latest task himself on Friday.



Simon Mignolet ✓
@SMignolet



Thanks @bertgabriels for challenging me to the #ALSPepperChallenge! I would like to invite @Carra23, @rvangucht and Nina Derwael for a hot and spicy dish! Enjoy!



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After being nominated by Belgian stand-up comedian Bert Gabriels, Mignolet ate the extremely hot pepper on camera before he uploaded it to his Twitter page.

After stoically - and admirably - completing his task with little fuss, Mignolet nominates Belgian journalist Ruben Van Gucht and gymnast Nina Derwael to take on the pepper challenge. However, it is his third nominee who is likely to gain the most attention - Liverpool icon Carragher.

"Last but not least, **he's always ready with a spicy comment**, so let's see if he's up to the challenge to do the Pepper Challenge, Sky Sports pundit and LFC legend, Jamie Carragher." says Mignolet.

Over to you Jamie...